

CBPR meets BHRN:

Northwest Indian College Student Survey by NWIC Behavioral Health Research

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Community Based Participatory Research “CBPR”

- **Plain English: Communities tell their own stories they want to tell in their own words and in their own way**
- **“Tribal/TCU-originated, Tribal/TCU-directed, Fully-Participating Research”**

Who is the “Community”

- Students primarily
- Faculty
- Administration

Purpose & Procedures

- Students tell their story
 - Marie Badilla, Bobby Lind, Hiram Small Leggs
 - NO: “professional” surveys
 - YES: relevant findings
 - Student researchers:
 - Own questions/concerns
 - Questions/concerns told them by other students
 - Emphasize strength & resilience of students
 - *Few* questions by senior researchers
 - Pilot tested X 3 by students

Important general findings

- Importance of academic counselors / counseling
 - They may need more support
- Student's strengths & resilience to achieve their education no matter what
- Career goals:
 - “give back to my tribe”
 - “make a difference for Native people”
- Financial & support needs
 - Child care
- Students are concerned about their spirituality and traditions

Risk factor academic / personal problems

- **Had had 1 or more severe traumatic experiences**
 - Rape, victim of life-threatening crime/accident, etc.
 - Problems – “**Pathology**”
 - “life was hopeless” – 29% (had had) v. 12% (not had)
 - “fear of academic failure” – 42% v. 23%
 - “felt lonely and isolated” – 29% v. 8%
- **PROTECTIVE:** those with Risk Factor who felt they handled experience well vs. did not handle well
 - “life was hopeless” – 53% (not well) v 13% (well)
 - “fear of academic failure” – 64% (not well) v 30% (well)
 - “felt lonely and isolated” – 55% (not well) v 13% (well)