

Monday, June 19, 2017—Introduction to Enhancing Research Capacity: Historical Trauma and CBPR

Time	Title/Description	Presenter(s)	Activities and Readings
9:00 am	Welcome Blessing Introductions Overview of Institute	Venida Chenault , PhD, <i>President</i> , HINU Deborah His Horse is Thunder , EdD, <i>NARCH Project Director</i> , AIHEC	Name Where are you from? What do you hope to gain from this training?
9:30 am	Office of Tribal Health Research at NIH The Office of Tribal Health Research was established in 2015 in the Division of Program Coordination, Planning, and Strategic Initiatives in the Office of the Director at NIH. A description of how this office interfaces with research in Indian country is described.	David Wilson , PhD, <i>Director</i> , Office of Tribal Health Research	<i>The National Tribal Behavioral Health Agenda</i> . (December 2016). SAMHSA Tribal Technical Advisory Committee.
10:00 am	American Indian Historical Experience with Research Presentation provides an overview of American Indian experience with research in the past and its contribution to distrust.	Deborah His Horse is Thunder , EdD, <i>NARCH Project Director</i> , AIHEC	Havasupai Tribe and the lawsuit settlement aftermath. Retrieved from NCAI http://genetics.ncai.org/case-study/havasupai-Tribe.cfm Sterling, R.L. (2011). Genetics Research Among the Havasupai: A Cautionary Tale. <i>AMA Journal of Ethic</i> 13(2):113-17.
10:30 am	<i>Break</i>		
10:45 am	Historical Trauma and Behavioral Wellness Among American Indians and Alaska Natives Colonization of AI/AN communities included community massacres, genocidal policies and practices, pandemics from the introduction of new diseases, forced relocation, forced removal of children through Indian boarding school policies, and prohibition of spiritual and cultural practices. Historical Trauma refers to the biological and mental health impacts of these events on AI/AN populations. This session provides a broad overview of historical trauma in the context of AI/AN communities, and compares and differentiates historical trauma from multi-generational trauma.	Myra Parker , PhD, JD, <i>Assistant Professor</i> , Center for the Studies of Health and Risk Behavior in the Department of Psychiatry and Behavioral Sciences, UW School of Medicine	Didactic Presentation and Group Discussion Ehlers, C., Gizer, I., Gilder, D., Ellingson, J., & Yehuda, R. (2013). Measuring historical trauma in an American Indian community sample: contributions of substance dependence, affective disorder, conduct disorder and PTSD. <i>Drug and Alcohol Dependence</i> 133(1):180-7. Evans-Campbell, T. (2008). Historical trauma in American Indian/Native Alaska communities: a multilevel framework for exploring impacts on individuals, families, and communities. <i>Journal of Interpersonal Violence</i> 23(3):316-38. Walls, M., & Whitbeck, L. (2012). Advantages of stress process approaches for measuring historical trauma. <i>The American Journal of Drug and Alcohol Abuse</i> 38(5):416-20. Whitesell, N., Beals, J., Crow, C., Mitchell, C., & Novins, D. (2012). Epidemiology and etiology of substance use among American Indians and Alaska Natives: risk, protection, and implications for prevention. <i>The American Journal of Drug and Alcohol Abuse</i> 38(5):376-82.

Monday, June 19, 2017—Introduction to Enhancing Research Capacity: Historical Trauma and CBPR

Time	Title/Description	Presenter(s)	Activities and Readings
Noon	<i>Lunch—HINU Student Ambassadors will provide a walking tour after lunch. Prepare with comfortable walking shoes.</i>		
1:30 pm	<p>Community-Based Participatory Research in American Indian and Alaska Native Communities</p> <p>CBPR and other forms of community-engaged research (CEnR), such as Participatory Action Research, Collaborative Inquiry, and Practice-Based Research Networks, have received growing attention in fields like public health, community development, urban planning, education, social work, nursing, sociology, anthropology, and others over the past several decades. Increasingly, academic-community partnerships are at the forefront of improving health for vulnerable populations. This session provides participants with an understanding of theories, principles and strategies of CEnR and CBPR, an appreciation of advantages and limitations of these approaches, and skills necessary for participating effectively in CBPR projects.</p>	<p>Myra Parker, PhD, JD, Assistant Professor, Center for the Studies of Health and Risk Behavior in the Department of Psychiatry and Behavioral Sciences, UW School of Medicine</p>	<p>Israel, B.A., Schulz, A.J., Parker, E.A., & Becker, A.B. (1998). Review of community-based research: assessing partnership approaches to improve public health. <i>Annual Review of Public Health, 19</i>:173-202.</p> <p>Wallerstein, N., & Duran, B. (2010). Community-based participatory research contributions to intervention research: the intersection of science and practice to improve health equity. <i>American Journal of Public Health 100</i> Suppl 1:S40-6.</p> <p>Fisher, P.A., & Ball, T.A. (2003). Tribal participatory research: mechanisms of a collaborative model, <i>American Journal of Community Psychology 32</i>(3-4):207-16.</p>
2:45 pm	<i>Break</i>		
3:00 pm	<p>CBPR in Your Community</p> <p>Small group discussion identifies steps necessary to implement CBPR in participants' local communities including the identification of major stakeholders, specific community groups, and perceived challenges.</p>	<p>Round Table Discussion</p>	
4:00 pm	<p>Closing the Circle</p>		<p><i>Write down one idea how you would use CBPR in a behavioral health project at your tribal college.</i></p>

Tuesday, June 20, 2017—Enhancing Research Capacity: Research in Native Communities

Time	Title/Description	Presenter(s)	Activities and Readings
9:00 am	<p>Greet the Day</p> <p>Additional Introductions</p>	<p>Deborah His Horse is Thunder, EdD, NARCH Project Director, AIHEC</p>	<p>One-word check in.</p>
9:30 am	<p>Violence In Indian Country: A Culturally-based Empowerment Framework</p> <p>Presentation critiques worldviews and philosophies of oppression and historical events impacting violence against Native women and describes a framework for using research to promote social change</p>	<p>Venida Chenault, PhD, President, HINU</p>	<p>Chenault, V.S. (2011). <i>Weaving Strength, Weaving Power: Violence and Abuse against Indigenous Women</i>. Durham, NC: Carolina Academic Press.</p>

Tuesday, June 20, 2017—Enhancing Research Capacity: Research in Native Communities

Time	Title/Description	Presenter(s)	Activities and Readings
10:30 am	<i>Break</i>		
10:45 am	<p>Research on Student Strengths and Strength-Based Wellness at Tribal Colleges and Universities</p> <p>Panel presentation by four NARCH TCUs describing their research on student strengths and discussing the process, challenges, and any preliminary findings.</p>	<p>Melissa Holder, PhD, Interim Vice President, NARCH Project Director, HINU</p> <p>Lauren Kelly, MA, LMFT NARCH Project Director, Ilisaġvik College</p> <p>Terry Lerma, PhD, NARCH Project Director, KBOCC</p> <p>Rebecca Drummond, MA, NARCH Project Director, TOCC</p>	
Noon	<i>Lunch</i>		
1:00 pm	<p>CBPR Best Practice—The intersection of tribal culture and research: Culturally sensitive approaches for undertaking sensitive research</p> <p>Suicide has been a leading cause of death for Native American youth for over thirty years, although there is a large variation in suicide mortality rates between and within communities. Limited investigations of suicide risk in a high-risk setting restrict our understanding, impacting our ability to adequately address suicide in this context. In 2011, a collaborative partnership was established to understand risk factors for youth suicide. Using a cross-sectional design, an all Native American team used an anonymous self-administered web-based 187-item questionnaire to collect data from a convenience sample of 288 youth (15-24 years) to assess risk and protective factors for suicidal behavior. Dr. Brockie provides an overview of the study, a description of the approach from establishing a relationship to tribal data dissemination and also discusses findings and next steps.</p>	<p>Teresa Brockie, PhD, Research Associate, Johns Hopkins University</p>	<p>Brockie, T.N., Dana-Sacco, G., Wallen, G.R., Wilcox, H.C., & Campbell, J.C. (2015). The relationship of adverse childhood experiences to PTSD, depression, poly-drug use, and suicide attempt in reservation-based Native American adolescents and young adults. <i>American Journal of Community Psychology</i> 55(3-4):411-21.</p>
2:30 pm	<i>Break</i>		
2:45 pm	<p>Community Respondents</p> <p>Members of the research community provide their firsthand experience with, involvement in, and concerns with regard to the CBPR process in the suicide research on their reservation community.</p>	<p>Adriann Ricker, MPH, Deputy Director, Fort Peck Tribes Health Promotion Disease Prevention Wellness Program, FPCC</p> <p>Larry Wetsit, MA, Fort Peck Indian Reservation</p>	

Tuesday, June 20, 2017—Enhancing Research Capacity: Research in Native Communities

Time	Title/Description	Presenter(s)	Activities and Readings
3:30 pm	<p>Culturally-based Mindfulness Intervention</p> <p>A small tribal college is examining the impact of culturally-based mindfulness intervention on students' stress and persistence in college. This research project is presented and discussed.</p>	Loy Sprague, MA, FPCC	
5:00 pm	<i>Cultural Dinner</i>		

Wednesday, June 21, 2017—Enhancing Research Capacity: Current Practices

Time	Title/Description	Presenter(s)	Activities and Readings
9:00 am	<p>Greet the Day</p> <p>Thoughts from yesterday's discussion?</p>	Deborah His Horse is Thunder, EdD, NARCH Project Director, AIHEC	
9:15 am	<p>Engaging Native American Communities in the Development and Analyses of Culturally-relevant Substance use Interventions.</p> <p>Presentation provides instruction on developing working partnerships with Native American communities as a new substance use researcher; and developing a new substance use research idea and how to leverage community resources to create a successful research project. Mr. Dickerson's current research projects discussed.</p>	Daniel Dickerson, DO, MPH, Assistant Research Psychiatrist, Integrated Substance Abuse Programs (ISAP), UCLA	<p>Brown, R.A., Dickerson, D.L., & D'Amico, E.J. (2016). Cultural identity among American Indian urban American Indian/Alaska Native youth: implications for alcohol and drug use. <i>Prevention Science</i> 17(7):852-61</p> <p>Dickerson, D.L., & Johnson, C.L. (2011). Design of a behavioral health program for urban American Indian/Alaska Native youths: a community informed approach. <i>Journal of Psychoactive Drugs</i> 43(4):337-42.</p> <p>Dickerson, D., Robichaud, F., Teruya, C., Nagaran, K., & Hser, Y.I. (2012). Utilizing drumming for American Indians/Alaska Natives with substance use disorders: a focus group study. <i>American Journal of Drug and Alcohol Abuse</i> 38(5):505-10.</p>
10:15 am	<i>Break</i>		
10:30 am	<p>The Role of Culturally-related Anxiety in fulfilling a Tribal College's Mission</p> <p>A small tribal college examined students' culturally-related anxiety regarding their engagement in both Native and non-Native culture in order to assess students' existing cultural knowledge and barriers to that knowledge so that the college could design interventions to fulfill its mission of revitalizing indigenous lifeways.</p>	<p>Kerri Wertz, PhD, Co-PD, Faculty, ANC</p> <p>Sean Chandler, EdD, Co-PD, Faculty, ANC</p>	<p>McNeil, D.W., Porter, C.A., Zvolensky, M.J., Chaney, J.M., & Kee, M. (2000). Assessment of culturally related anxiety in American Indians and Alaska Natives. <i>Behavior Therapy</i> 31(2):301-25.</p> <p>Winderowd, C., Montgomery, D., Stumblingbear, G., Harless, D., & Hicks, K. (2008). Development of the American Indian enculturation scale to assist counseling practice. <i>American Indian and Alaska Native Mental Health Research</i> 15(2):1-4.</p> <p>Garrett, M.T., & Pichette, E.F. (2000). Red as an apple: Native American acculturation and counseling with or without reservation. <i>Journal of Counseling & Development</i> 78(1):3-13.</p>

Wednesday, June 21, 2017—Enhancing Research Capacity: Current Practices

Time	Title/Description	Presenter(s)	Activities and Readings
Noon	<i>Lunch</i>	Darryl Monteau, EdD, <i>Education Coordinator for the Center of Remote Sensing of Ice Sheets, KU</i>	<i>Student participants have lunch together in Navarre Hall, Room 114.</i>
1:15 pm	<p>Protect & Benefit: Ethical Considerations at the National and Tribal Levels for Research Involving Tribal Peoples</p> <p>With a growing amount of research both facilitated by and in partnership with tribal communities, it is imperative that research policies at the national and tribal levels account for the ethical needs of American Indian and Alaska Native communities. This session will: 1) provide an overview of the recent effort to revise the Federal Policy for the Protection of Human Subjects or the “Common Rule” and potential implications for tribal research, 2) present Indigenous considerations for ethical research practice and partnership, and 3) highlight tips for engaging in ethical research involving American Indian and Alaska Native youth.</p>	Deana Around Him, DrPH, <i>CRCAIH Fellow at NCAI, Johns Hopkins Bloomberg School of Public Health</i>	<p>Villegas, M., Around Him, D., Lucero, J., & Pytalski, S. (2016). All our relations: assuring tribal research ethics from generation to generation. <i>Journal of Healthcare, Science, and the Humanities</i> VI(1):50-66. Available at: http://tuskegeebioethics.org/wp-content/uploads/2015/01/JHSH-V6n1-Fall-Spring2016-spreads-FINAL3-2.pdf.</p> <p>NCAI Policy Research Center. Contributors: Around Him, D., Burnette, C., Tafoya, G., Yazzie-Mintz, T., & Sarche, M. (2016). <i>Tips for researchers: strengthening research that benefits Native youth</i>. Washington, D.C. Available at: http://www.ncai.org/policy-research-center/research-data/prc-publications/TipsforResearchers-NativeYouth.pdf.</p> <p>ADDITIONAL RECOMMENDATION:</p> <p>The Collaborative Research Center for American Indian Health (CRCAIH) has developed and compiled trainings and resources available at:</p> <p>TRAININGS: http://crcaih.org/zoo-category/category/research-regulation-2.html</p> <p>RESOURCES: http://crcaih.org/zoo-category/category/research-regulation.html</p>
3:15 pm	<i>Break</i>		
3:30 pm	<p>Resources for Research Application and Implementation</p> <p>SAMHSA provides competitive grant funds through the Center for Substance Abuse Prevention, the Center for Substance Abuse Treatment, and the Center for Mental Health Services. These funding opportunities that support programs for substance use disorders and mental illness is described, as well as, the grant application, review, and management processes.</p>	Mirtha Beadle, MPA, <i>Director, Office of Tribal Affairs and Policy, SAMHSA</i>	<i>The National Tribal Behavioral Health Agenda</i> . (December 2016). SAMHSA Tribal Technical Advisory Committee.
4:15 pm	Wrap up and closing comments		

Thank you and Safe Travels!